An invitation to participate on the German Pilot of:



Springboard has gone global! Germany is about to join the ever growing list of countries offering this award-winning personal development programme for women.

With your help, the programme will be tailored for women living and working here, in Germany.

Your profile:

- You are a native German, or have as lived in Germany for more than 5 years.
- You understand the culture, language and issues faced by women living in modern Germany.

The advantage to you is the opportunity to experience this tried and tested, highly effective personal development programme - at cost!

Some of the benefits you can expect after the 3 month programme are:

- o Improved ability to deal with change
- Enthusiasm to take on more responsibilities
- A boost of positivity and confidence
- Improved life/work balancing



- · Higher levels of motivation and focus on tasks at work or at home
- · Intensive practise of English-language skills



As this is a pilot programme, instead of the regular cost of €450, I'm charging only €130 (plus MwSt). This price includes all four workshops (see below) and the 300 page workbook. You'll experience speakers who will share their personal stories of success. And above all, you'll meet women like you who will support and work with you during the programme and probably long into the future!

The workshops are scheduled on these days and at these times:

Saturday 30 April 09.30 - 5.00pm Saturday 28 May 09.30 - 5.00pm Saturday 02 July 09.30 - 5.00pm Saturday 30 July 09.30 - 5.00pm

Programme location:

Workshops will take place at coworking0711 in Stuttgart. Heilbronnerstr.7 (opposite the Hauptbahnhof) Go to: www.coworking-stuttgart.de for directions.



What others have said about Springboard:

It empowers an individual to change themselves. It motivates women to do something about the problems they face by changing themselves and how they relate. Made me believe that the power is within ME and not in others.

Suzan Zawari, Lecturer, Saudi Arabia

Wonderful. An uplifting and positive experience. Has made me challenge negatives and turn them into positives. I would recommend it to all women.

Wendy Eilmore, Station Enquiry Officer, Gwent Police, UK

Geniales Forum für geniale Frauen inkl. Personlichkeitsentwicklung, bei dem "nebenbei" auch noch die Englischkenntnisse verbesert werden können. Michelle, bringing together interesting, open-minded women via SB was a good chance. You gave us a helpful guidance through very important issues concerning our personal growth and ability to shape our future.

Ursula, Performance & Potential

Manager, Esslingen

Although the primary language of the training is English, you'll be able to use German for any group work and of course in your private groups. Think of this as an ideal opportunity to practise your English skills!

There are limited spaces so please <u>book now</u> to avoid disappointment. (Cross out the \leq 450 and write in \leq 130 instead!) I look forward to hearing from you soon.

Yours, Michelle

